

LEG CURLING / 1FW182



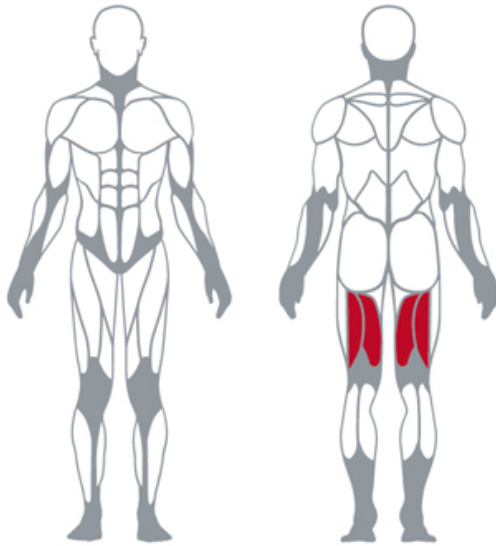
The Leg Curling is aimed to the isolation of hamstrings in prone and supine position. It stands out for:

- physiological load curve with lever system;
- adjustable thrust roller;
- counterweight to reset the empty weight of the exercise lever;
- modified ventral padding to leave more freedom to the chest ;
- introduction of new paddings for the elbows support and double support handle that adapt to different users sizes.

Optional:

- 2 additional weight holders

MUSCLES



TECHNICAL SPECIFICATIONS

Width	150 cm
Length	160 cm
Height	90 cm
Weight	160 Kg
Max. Weight	110 Kg

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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.